



2017-The Year of THE OVERCOMER

3 Days of Fasting and Prayer - ALL BELIEVERS FAST

PLEASE JOIN US FOR A POWERFUL TIME OF STRATEGIC PRAYER AND FASTING!
 PROPHET DWAYNE AND PASTOR KERI FRASER

BLESSED ARE THOSE WHO HUNGER AND THIRST FOR RIGHTEOUSNESS, FOR THEY SHALL BE FILLED. MATTHEW 5:6

PERIOD:

This 3-Day Fast will begin on **Monday, June 19th** from **6:00 pm** until **Thursday, June 22nd** at **6:00 pm**.

PURPOSE:

This Corporate Fast will have its focus on **RELEASING** ourselves from things that have us spiritually bound, **REVERENCING** God and His power to deliver and **REVIVING** the spiritual man as we draw closer to God. We are once again increasing momentum and gearing up for advancements in Abundant Rain Empowerment Church. We must lay aside every weight and the sin that so easily beset us that we may run this race with patience.

PRAYER:

Our prayer times will be at 6:00 pm, 6:00 am and 12:00 noon. (Psalm 55:17)

We pray that God will **release** us from fear, troubles, bondage, sufferings and the scourge of false accusations. We believe that every power of the enemy is broken over the lives of those ordained for eternal life. We will pray for the **release** of God's provision, His help, His power, and His blessings and favor in our lives. May we receive complete release and receive the Spirit of love, power and a sound mind, which comes from God. We believe as we **revere** God by acknowledging Him in all of our ways, that He will direct our paths and order our steps. Let us pray that there will be a **reverence** for God in our service for Him during prayer, during our worship, in the preaching of the Word, and ultimately in our everyday affairs. We will submit to the authority of God and allow Him to do a mighty work through us. We believe that God will **revive** us and **revive** His work that has already started in AREC. We believe God will raise up a people who are Spirit-filled and Spirit-led. May all who come to AREC be established in the perfect will of God and have a passion for ministry, to grow in faith and in the Word. We decree and declare this is so by the name of Jesus Christ.

PASSAGES:

We will focus on the following Scriptures. Please allow the Holy Ghost to direct you to additional Scriptures.

RELEASE	REVERENCE	REVIVE
Luke 4:17-19, Hebrews 12:1	Hebrews 12:2,28	Habakkuk 3:2, Isaiah 57:15
Isaiah 58:6	Proverbs 3:5-6	Psalm 138:7
Nahum 1:13	Psalm 121	Hosea 6:2

PARTICULARS:

ABSOLUTELY NO MEATS! Drink plenty of water and fruit juices!

Breakfast: Fruits, decaffeinated tea, small no meat/non-dairy sandwich

Lunch: Fish, Green Salad or Fruit Salad

Dinner: Fish, Salads and Fruits

Abstain from spiritually distracting conversations, music, TV, books, internet sites, etc. Limit your activity on social media as well.

PLAN:

Start a prayer list of things and people that you need to be released from and a list of things that you need God to release into your life based on His will. Pray for God's direction in this fast to align with His plan for ministry. Pray for revival and restoration in your spiritual walk with God. This is your year to **OVERCOME** and live victoriously. Purpose in your heart to witness during the fast to at least 2 people and invite them to Church!